

Next I will read a list of statements dealing with your general feelings about yourself. Please indicate how strongly you agree or disagree with each statement.

[illegible][illegible]

When I am upset, I have difficulty controlling my behaviours								
When I am upset, I believe that there is nothing I can do to make myself feel better								
When I am upset, I become irritated with myself for feeling that way								
When I am upset, I start to feel very bad about myself								
When I am upset, I have difficulty thinking about anything else								
When I am upset, my emotions feel overwhelming								

Section 7

People experience their faith or spirituality in different ways over the course of their lives. We would like to understand some of the ways you have recently experienced your faith or spirituality. There are no right or wrong answers. In the past month, how true are each of the following statements of you?

[illegible]

Section 8

[illegible]

I believe the Bible is a rulebook or guide on how to live my best life.

☐☐☐☐☐☐☐☐

I believe the Bible is a letter from God expressing his love and salvation for me.

☐☐☐☐☐☐☐☐

I believe the Bible is a way of knowing what God expects from me.

☐☐☐☐☐☐☐☐

Section 9

Realistically, how often do you use the Bible?

☐

Never

☐

Less than once a year

☐

Once or twice a year

☐

Three or four times a year

☐

Once a month

☐

Once a week

☐

Several times a week

☐

Four or more times a week

☐

Every day

☐

I don't know

☐

Refused to answer

How often do you use the Bible on your own, not including times when you are at a large church service or Mass?

☐

Never

☐

Less than once a year

☐

Once or twice a year

☐

Three or four times a year

☐

Once a month

☐

Once a week

☐

Several times a week

☐

Four or more times a week

☐

Every day

☐

I don't know

☐

Refused to answer

When I use the Bible I experience a sense of connection to God.

- ☐ Never
- ☐ Rarely
- ☐ Occasionally
- ☐ Most of the time
- ☐ Always
- ☐ I don't know
- ☐ Refused to answer