# INITIAL TRAUMA HEALING EQUIPPING SESSION

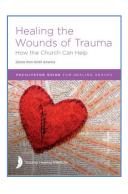




# **Bible-based Trauma Healing**

## **About the Program Model**

This proven model of the Trauma Healing Institute uses applied Scripture and mental health principles to address spiritual and emotional wounds caused by trauma whether from war, violence, natural disasters, or abuse. The book *Healing the Wounds of Trauma: How the Church Can Help* has been translated and taught in 129 countries with more than 200 language groups around the world.



### **About the Session**

At this Initial Equipping session, participants learn basic biblical and mental health principles related to trauma care; explore if they themselves are carrying any heart wounds from trauma or loss and bring those to Christ for healing; learn how to lead groups in a participatory way; learn the program model; and develop plans for using what they have learned in their community.

Trauma healing facilitators are committed to helping others, but must also ensure they "do no harm" to those they seek to help. To be certified as a Healing Group Facilitator and possibly work toward training others, this Initial Equipping *begins a 3-step certification process*:

- 1. An evaluation during this Initial equipping session that consists of:
  - Self-awareness of impact on others; able to interact well in a group
  - Overall emotional well-being
  - A short test showing knowledge of the content
  - Practice facilitating a group in a participatory way, receiving feedback on strengths and suggestions for areas of improvement.
- 2. A few months of *practicum* after the Initial Equipping in which Apprentice Facilitators co-lead 2 healing groups that include all the core lessons.
- 3. An *Advanced Equipping Session* in which participants demonstrate competence and deepen their knowledge and skills.

#### Who should attend?

This session is open to laypeople and clergy, mental health professionals, social justice advocates, NGO workers, and others who would like to explore becoming a trauma healing facilitator. Necessary qualifications:

- Fluent in English.
- Have sufficient status to teach others in a community.
- Able to attend the entire session.
- At least 18 years old.
- Committed to help trauma survivors
- Able to dedicate time to lead trauma healing groups

# 27-31 March 2023

Monday through Friday
9:00 AM - 5:00 PM Central Time

Attendance required at ALL sessions

DALLAS, TX

#### **Sponsors**

• SIL International

#### Registration

- \$200 includes materials & snacks but not meals, housing, or travel.
- Register online at: <u>https://th-initial-equip-in-person-20-31mar2023.eventbrite.com</u>
- Registration deadline:

#### 21 March 2023

• Housing: for on-campus housing info email <a href="mailto:housing\_dallas@sil.org">housing\_dallas@sil.org</a> or call 972-708-7426

#### Contact

traumahealing@sil.org

#### **About Us**

SIL International is a faith-based nonprofit language development organization that began the Biblebased Trauma Healing ministry and is a founding member of the Trauma Healing Alliance.

The *Trauma Healing Institute* equips and supports a global community of workers in trauma care, helping local churches, national Bible Societies and other non-governmental organizations bring Bible-based trauma healing to the world's hurting people. See *TraumaHealingInstitute.org*.