

TRAUMA HEALING INSTITUTE

God's Word restoring lives



POWERED BY



What is Trauma?



Why Does Trauma Matter?

Trauma is a global crisis.

Unresolved trauma blocks people from engaging with the Bible and finding God's deep and abiding love.

As a result, they are not able to experience healing or life transformation.

More than 1 billion people around the world face this reality everyday.



App-Based Audio Healing Groups

Goal: Improve quality and accessibility of healing groups; expand to new places and languages globally

Same:

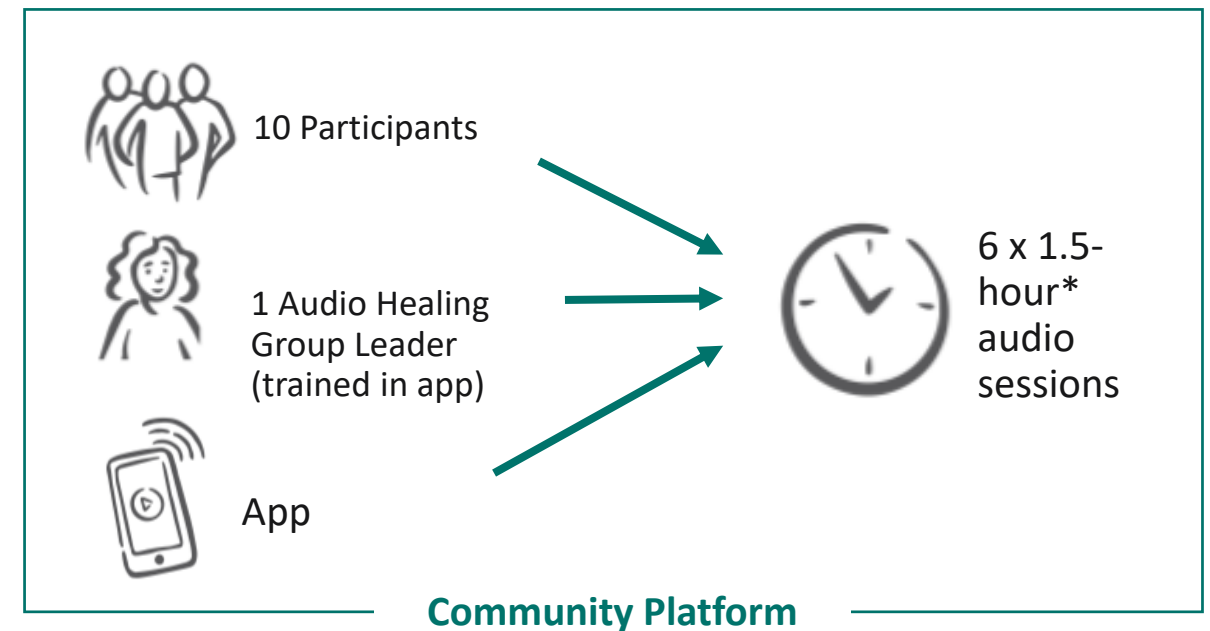
- Small group model based on “Healing the Wounds of Trauma” content and the Trauma Healing Institute method

Improved:

- Shorter, video-based group leader training
- Easier for facilitator to lead group
- Shorter, more Bible-centric lessons

New:

- Content delivered via phone app instead of books
- Interactive online community platform with extra trauma-informed Bible resources



*approximate time; each session is slightly different

Healing Group Lessons

- 1: Welcome Session (20 min)
- 2: Heart Wounds
- 3: Listening
- 4: Grieving
- 5: Suffering
- 6: Taking Your Pain to the Cross
- 7: Forgiveness



Lesson Structure

Welcome/Overview

Listen to Bible Story

Live Group Discussion

Listen to Recorded Discussion

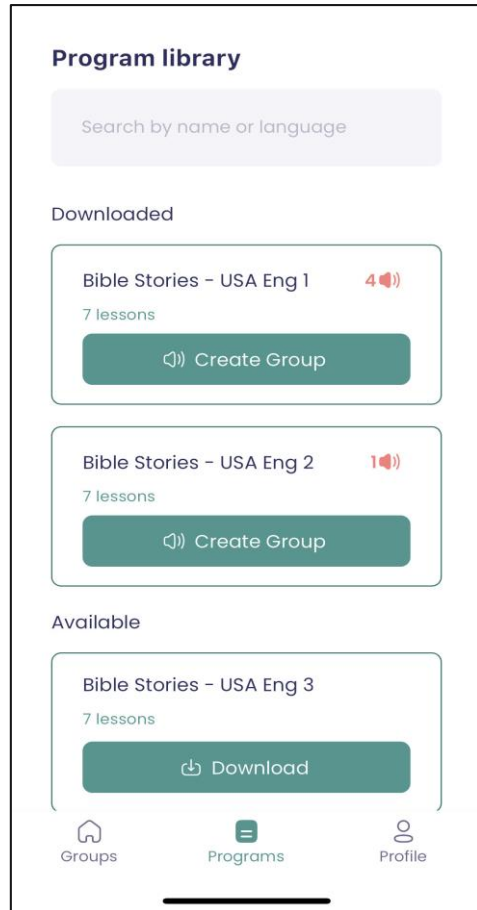
Engaging Activity

Memory Verse Exercise

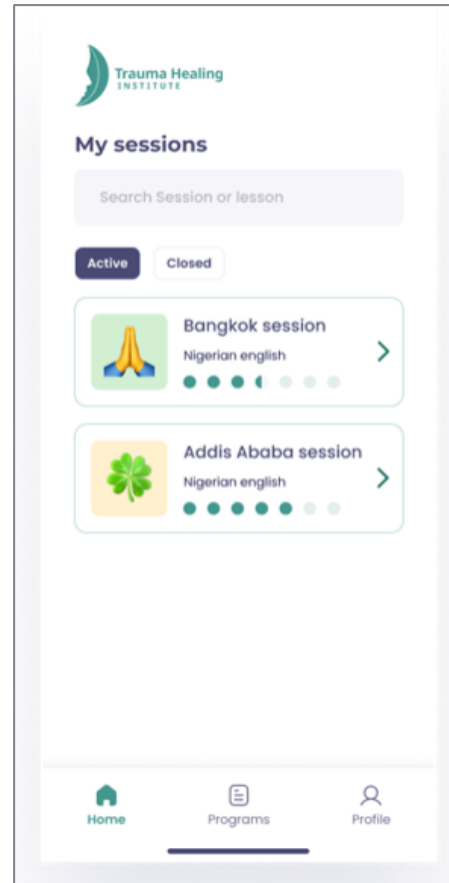
Closing



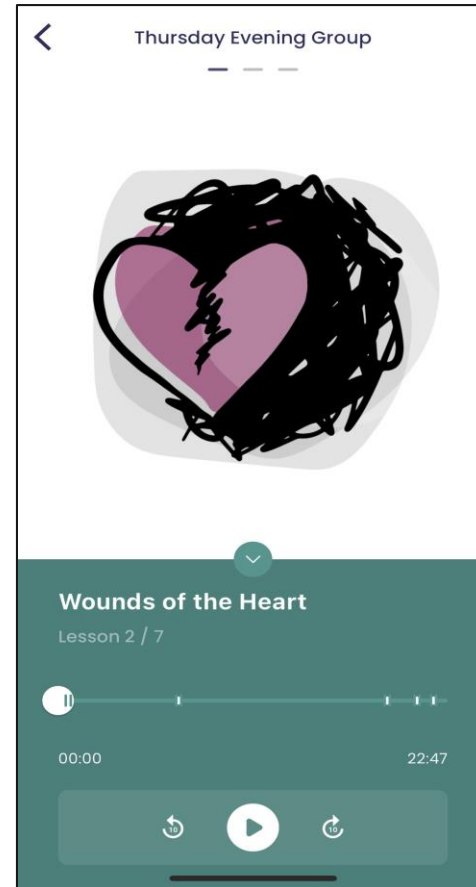
Audio Healing Group App



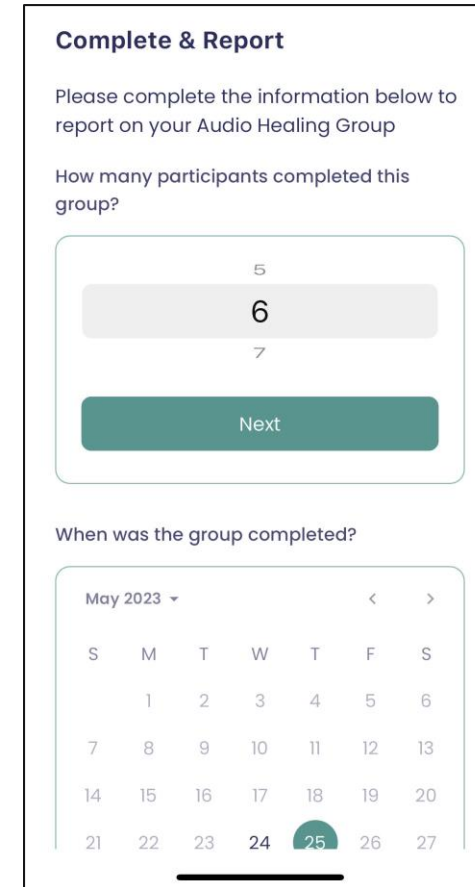
Download the Audio Healing Group program by language



Create the Audio Healing Group you will lead



Listen to the Audio Healing Group lessons



Report your Audio Healing Group



Invite group participants to access more resources and become an Audio Healing Group Leader

Audio Healing Group Leader Training

Training Modules:

1. Welcome + Overview
2. Understanding the Impact of Trauma
3. Creating a Safe Space
4. Participatory Learning
5. Managing Group Dynamics
6. Next Steps

Step 1: Complete Audio Healing Group Leader video training series

A flowchart with two rectangular boxes. The top box is orange and contains the text 'Step 1: Complete Audio Healing Group Leader video training series'. A line extends from the bottom center of this box, turns right, and then down to point at the top center of the bottom box. The bottom box is dark purple and contains the text 'Step 2: Lead Audio Healing Groups'.

Step 2: Lead Audio Healing Groups

Download the Audio Healing Group app for yourself



Apple store:



Google play store:



Thank you

for supporting Trauma Healing at American Bible Society
in bringing God's Word to help restore lives.



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